### Population Health in USA, England und Spanien – (k)ein Modell für Deutschland?



Dr. Frederic Gerdsen Population Health Executive, Consulting Central Europe

December 13, 2016

### Cerner - The largest HC-IT footprint in Europe



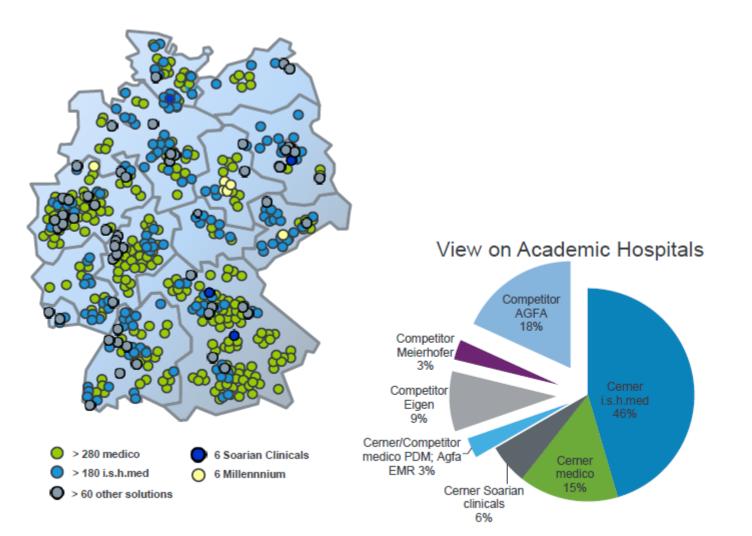
Numbers in boxes denote number of hospitals served by Cerner solutions

\*Based on 2015 estimates

# Cerner client overview Germany (>500 hospitals)

Selection of reference clients		
Client	EMR	# Beds
Universitätskrankenhaus Hamburg Eppendorf <sup>1)</sup>	Soarian Clinicals	1542
University Erlangen	Soarian Clinicals	1323
Emst von Bergmann Klinikum Potsdam	Soarian Clinicals	1080
Charité - Universitätsmedizin Berlin	i.s.h.med	3200
Klinikum der Universität Würzburg	i.s.h.med	1433
Klinikum Region Hannover GmbH (8 sites)	i.s.h.med	3416
Muldentalkliniken Grimma	i.s.h.med	375
Universitätsklinikum Aachen	medico	1297
Universitätsklinikum Essen	medico	1260
Klinik Plus Medical Services GmbH Klinikum Südostbayern (7 hospitals)	medico	1200
Sozialstiftung Bamberg	medico	1041
Berufsgenossenschaftliche Unfallklinik Frankfurt am Main (8 hospitals in KUV)	medico	348
Klinikum Oldenburg	medico	798
AMEOS Spitalgesellschaft (5 hospitals)	Millennium	1567

<sup>1)</sup> First European HIMSS Level 7 Hospital



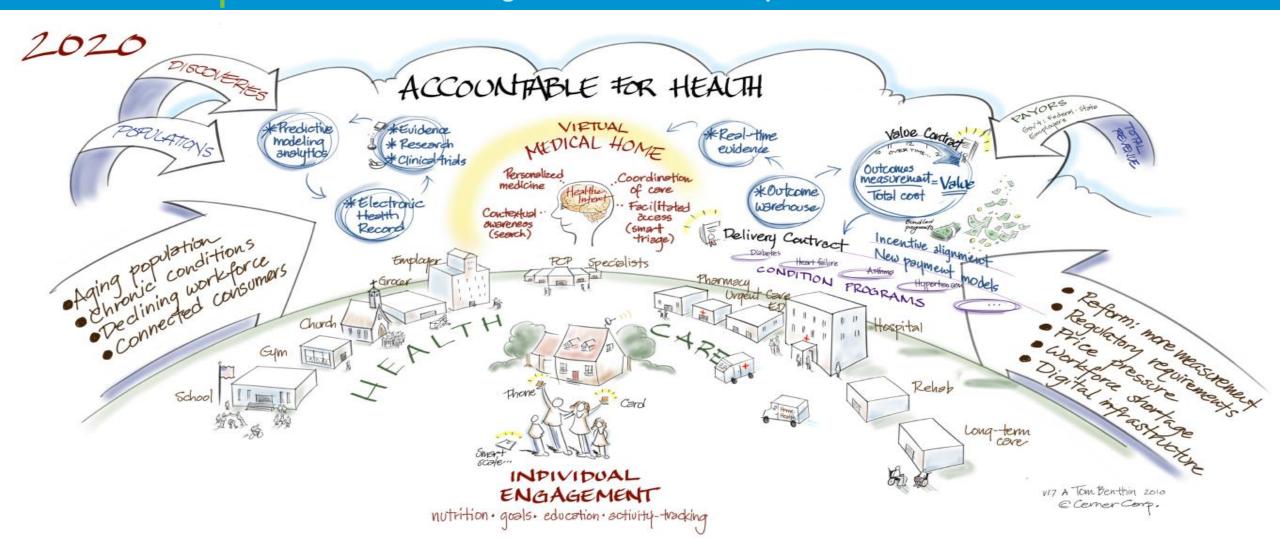
Cerner's vision of proactive health care management drives innovation in the development of effective solutions for today's health care challenges, while creating a foundation for tomorrow's healthy populations.

#### **KNOW**

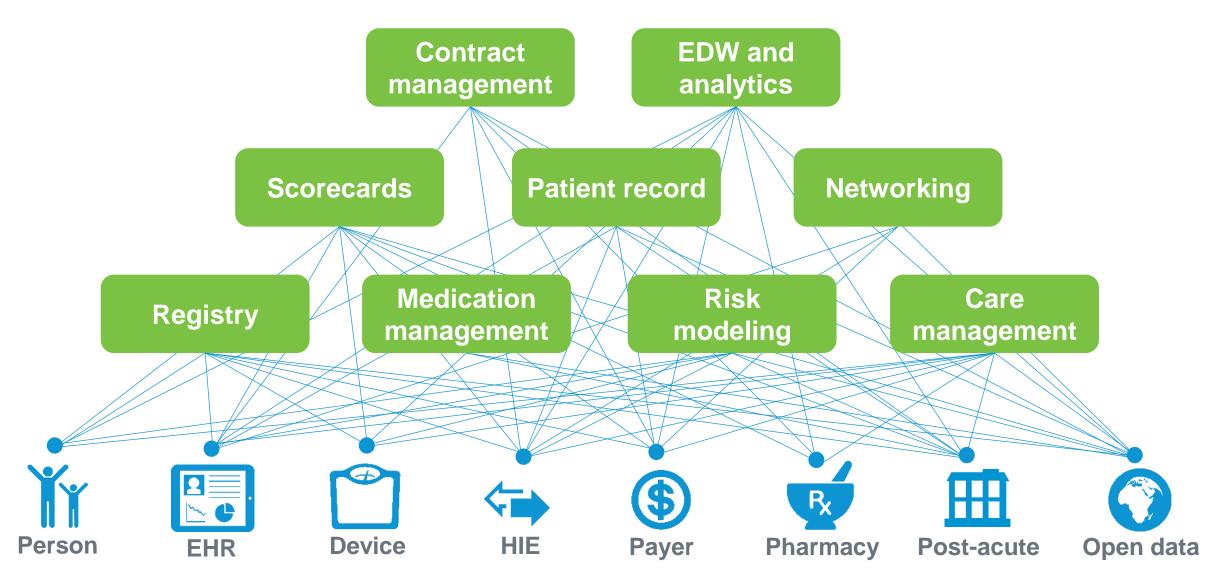
#### ENGAGE

MANAGE

Shifting from reactive care to proactive health



## Typical approach to population health management



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### Cerner's approach to population health management



### Wirral – UK



#### Ziel:

Entwicklung und Einführung neuer, evidenzbasierter, integrierter Versorgungsmodelle basierend auf einer Populations Health Management IT Platform.

Initiative und finanzielle Unterstützung durch den NHS.

- Aggregierte Datensicht (singlesource-of-truth)
- Regionale Vernetzung von Erst- und Zweitversorgern (56 General Practitioners und one Acute University Hospital)



# Die Ermöglichung eines Care Management across the Continuum

Integriertes Versorgungsmodell für Patienten (insbesondere chronische Krankheiten wie Diabetes, Asthma und COPD) erarbeitet

Kumulierte
 Kosteneinsparung über
 die nächsten 5 Jahre von

- ~2 Millionen Euro (Diabetes)
- ~1,83 Millionen Euro (COPD)

### **Care Management Pathways**

- Asthma Adult & Paediatric
- COPD

•

- Diabetes Adult & Paediatric
- Epilepsy
- Heart Failure
- Hypertension
- Sickle Cell
- Depression
- ADHD
- Chronic Otis Media
- Chronic Pain Pediatric
- Autoimmune Disease
- Sleep Disorders
- Hemophilia Pediatric
- Cardiovascular Special Care

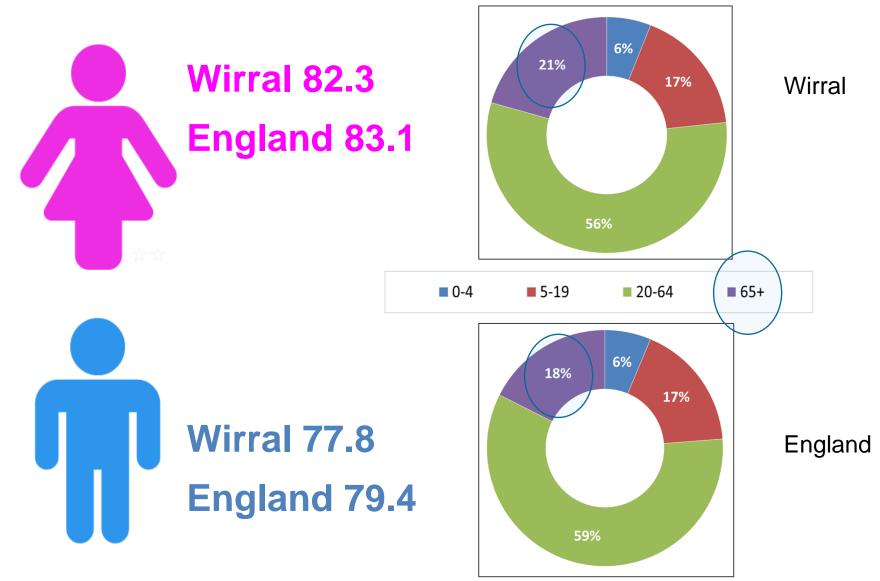
- Stroke
- Chronic Pain Adult
- Communicable/Infectious Disease

Healthy Wirral

- Anxiety
- HIV/AIDS
- Hemophilia
- Atrial Fibrillation
- Inflammatory Bowel Disease
- Dyslipidemia
- Obesity
- Malnutrition Adult
- Wellness Adult

### **Lebenserwartung in Wirral**

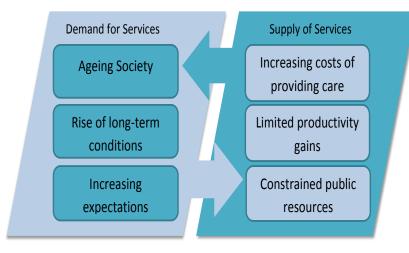


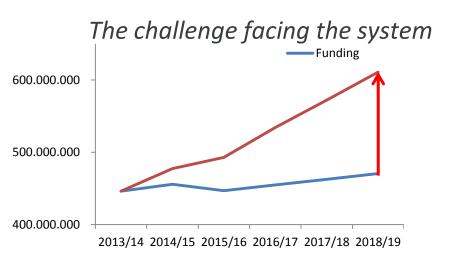


# Änderung notwendig

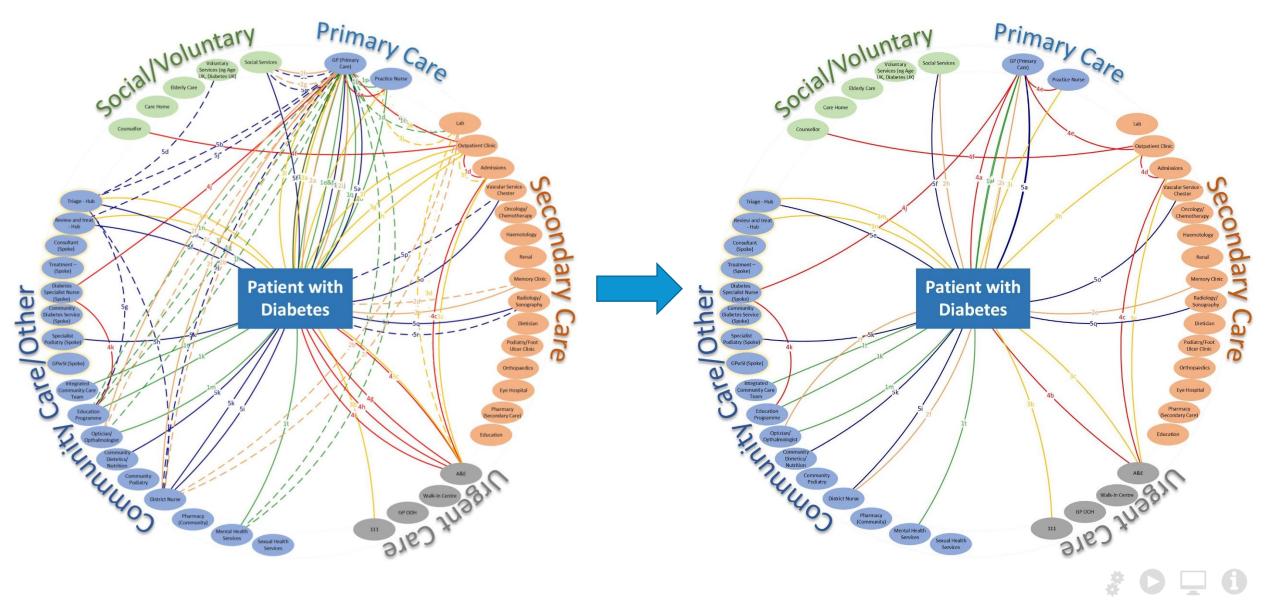


- Gap von ~200m € bezüglich prognostizierter angeforderter Leistung und der möglichen finanziellen Vergütung
- Bevölkerungswachstum:
  - 319,863 in 2011 zu 324,226 in 2021
- Anzahl der über 85 jähringen wird sich in den nächsten 20 Jahren verdoppeln (Abstieg multimorbider Patienten)
- Große regionale Abhängigkeit des Gesundheitstatus, selbst innerhalb der Region Wirral





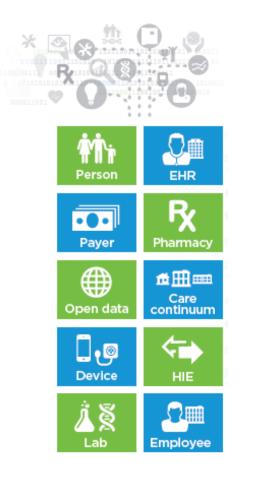




### HealtheIntent platform



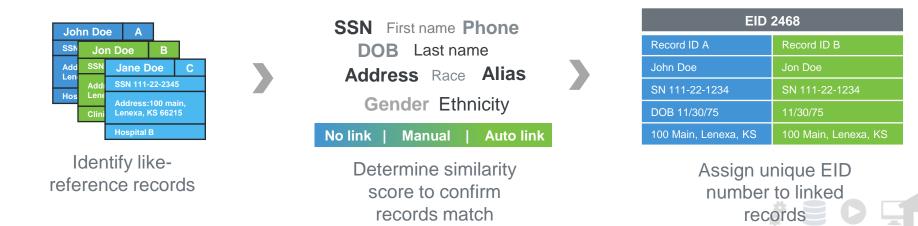
# HealtheIntent Platform - Aggregate and normalize



### Create organized, meaningful concepts

LOINC ICD-10	Allergies	Medications		Médications Most rec aspirin 300, mg gral delayed release tablet	ent Date 3/24/2014	Source Westwatch Bay
Medi-Span CPT NDC ICD-9 MEDCIN	Conditions	Procedures		ASpirin (Multumi d00170) aspirin 227.5 mg oral gum	10/17/2013	2016 Baseline East
		Flocedules		ASA 500 MG Oral Tablet [Bayer Aspirin]	9/23/2013	Westwatch Bay
	Immunizations	Visits		Aspirin	4/23/2013	Get Well Now
				aspirin	2/18/2013	Westwatch Bay
	Lab results	Vitals		Aspirin	5/14/2012	Baseline East
				aspirin 300 mg oral tablet	6/20/2011	Get Well Now

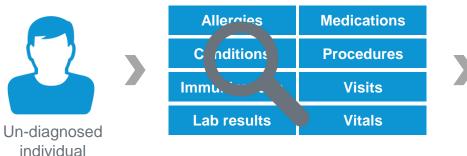
#### Match persons



# HealtheIntent Platform - Create and apply intelligence



#### Infer new knowledge

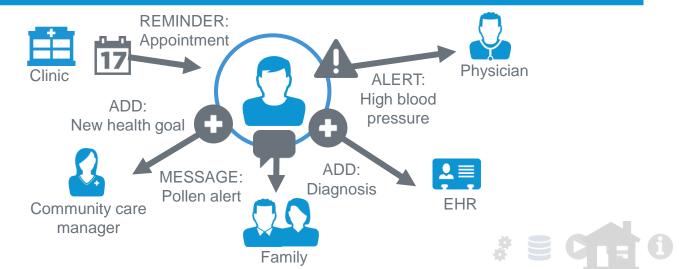


**5' 10'' 129/85 mm Hg 210 lbs.** 3,200 steps / day Pre-hypertension?



#### Hyperlipidemia registry

#### Measure, monitor and predict health status



### HealtheIntent Platform - Act and measure



Longitudinal record Registries and scorecards Community care management Enterprise data warehouse Referral and network management\* Contract management\*

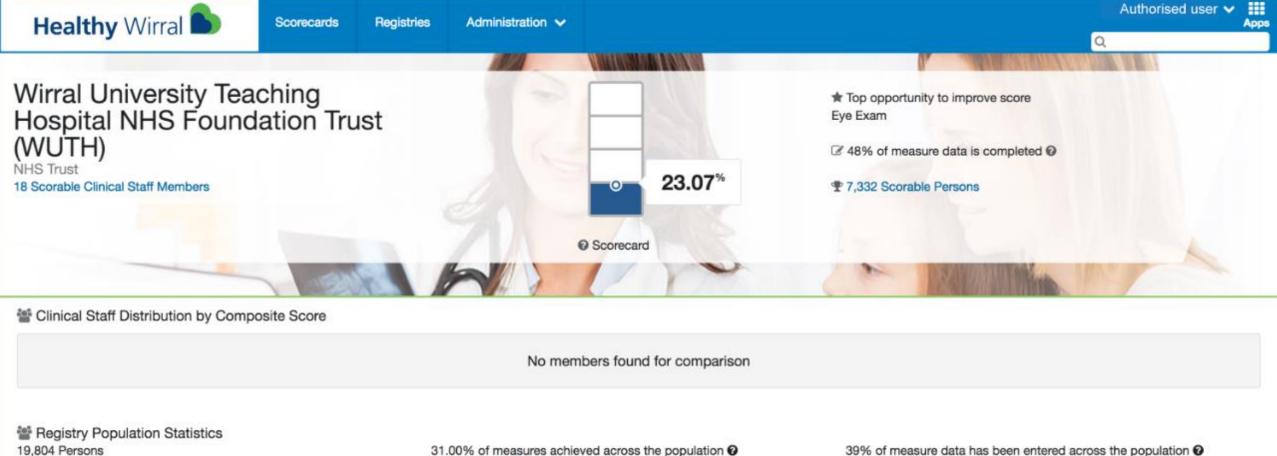
\*Future planned solutions.

#### Access record and plan anywhere, anytime



#### Create ecosystem of innovation





#### About HealtheRegistries



View registries performance

39% of measure data has been entered across the population @

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Healthy Wirral Ҍ	Scorecards	Registries	Administration 🗸				Authorised user V
							Scorecard Details 🗸
Wirral University Teaching Foundation Trust (WUTH) NHS Trust 18 Scorable Clinical Staff Members 7,332 Scorable Persons 19,804 Persons All Categories			Composite Score 23.07%		Pediatric Diabetes : E 2 <sup>nd</sup> Ranked Opportunity 0% Met ≥ 65.0% Target + 2.54% Composite Scor 4 more needed to reach to	re Impact	
St St Ranked Opportunity Smoking Exposure Screening 4 more needed to reach target				2 <sup>nd</sup> Ranked Opportuni Eye Exam 4 more needed to react			
3 rd       4 th         Ranked Opportunity       4 Ranked Opportunity         Smoking Screening and       Routine Long Term Oxygen Therapy Assessment         6 more needed to reach target       18 more needed to reach target				6 <sup>th</sup> Ranked Opportunity New Onset Education 7 <sup>th</sup> Ranked Opportunity			
			ose Education	New Onset Spirometry Evaluation 80 more needed to rea	9 <sup>th</sup> Ranked Opportunity Lung Function Testing 393 more needed to reach targe	Medicati	d Opportunity ion Management needed to reach target
100	1					View Pers	ons View Clinical Staff

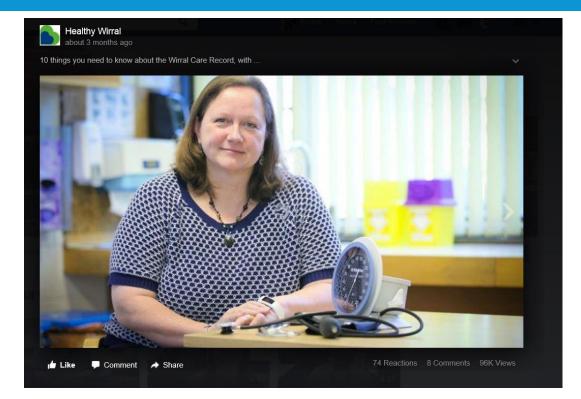
Opportunity Index

Healthy Wirral		Scorecards	Registries	Administration 🗸				Authorised user 🗸 🏭 Apps
Registries	<							
Organisations Q Search Organisations	T		ndation Tr	aching Hospita ust (WUTH)	Quality Score 31.00%			
Wirral University Teaching Hospital NHS Foundation Trust (WUTH)	31%	19,804 Persons 39% Complete						
		All Registries	* Met %	Ŧ				
		17 <sup>%</sup> Pediatric Di 6 Persons Qua 33% Complete	lified			19% Paediatric Asthma Adult Diabetes 32% Met 3,589 Persons Qualified 45% Completed		
		21 <sup>%</sup> Adult Asthn 2,571 Persons 21% Complete	Qualified			32 <sup>%</sup> Adult Diabetes 3,589 Persons Qualified 45% Completed	34 <sup>%</sup> Chronic O Disease 2,203 Persor 36% Comple	bstructive Pulmonary
		0% Vet		100%				View Filtered Persons

Doe, John Peter 35 years Male DOB: 14 Oct 1981				~
Registries Relationships Clinical Inform	hation Activity History			
Make Changes 🗸			All Not Achiev	ved Missing Due Expand
<ul> <li>Adult Asthma</li> </ul>				1 out of 8 Met 🏾 🏆
<ul> <li>Adult Diabetes</li> </ul>				5 out of 22 Met 🏾 🍷
Registry Supporting Facts				
 Annual Education	 Aspirin Therapy	 Blood Pressure < 140/80	 Blood Pressure < 150/90	 Blood Pressure Measurement
O Now	Ø Now	<sup>©</sup> Now	O Now	Ø Now
17 May 2016 36.400 kg/m2 BMI Assessment	6 Dec 2013 Not Achieved Creatinine Ratio Screening	24 Jan 2014 Not Achieved Diet and Exercise Education	 Erectile Dysfunction Education	 Eye Exam
	⊘ 6 Dec 2014	⊙ 23 Jun 2015	O Now	Ø Now
 Foot Exam	5 Sep 2016 63 mmol/mol HbA1c < 48 mmol/mol	5 Sep 2016 63 mmol/mol HbA1c < 58 mmol/mol	5 Sep 2016 63 mmol/mol HbA1c < 72 mmol/mol	9 Dec 2015 Not Achieved Influenza Vaccination
O Now	Ø 5 Sep 2017	@ 5 Sep 2017	⊘ 5 Sep 2017	O Now
29 Apr 2016	29 Apr 2016		6 Oct 2016	7 Jul 2014

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### Patient Engagement / Why we have to re-think?



#### Social Media Campaign

- 330k population
- Covering approx. 290k people
- 96k views face book alone
- 700 people opt out total

"It is a future that empowers patients to take much more control over their own care and treatment. It is a future that dissolves the classic divide, set almost in stone since 1948, between family doctors and hospitals, between physical and mental health, between health and social care, between prevention and treatment. One that no longer sees expertise locked into often outdated buildings, with services fragmented, patients having to visit multiple professionals for multiple appointments, endlessly repeating their details because they use separate paper records. One organized to support people with multiple health conditions, not just single diseases. A future that sees far more care delivered locally but with some services in specialist centers where that clearly produces better results".

(Source: Chapter 1, NHS Five Year Forward View)



### Bestehende Hürden in Deutschland

- Föderale Datenschutzstruktur in Deutschland (20 verschiedene Gesetze)
  - Regionale Verbünde werden damit faktisch auf Bundesländer und/oder Träger begrenzt
- Fehlender Einsatz einer übergreifenden Semantik/Ontologie
  - Kein verbindlich anzuwendenes Terminologie System vorhanden (fehlende Snomed CT Lizenz in Deutschland)
  - Keine ausreichende Nutzung international anerkannter Terminologien ala LOINC
- Finanzierungssystem weiterhin zu starre Trennung in Sektoren (ambulant, stationär, Reha, Altenpflege) – keine übergreifende Behandlung mit dem Patienten im Mittelpunkt, da es keine (oder sogar gegenläufige) finanzielle Anreize gibt
- Nicht ausreichende Digitalisierung der einzelnen Provider (HIMSS Platzierung Deutschland) – keine ausreichende IT Budgets in den einzelnen Sektoren

# Empfehlungen

- Wandel vom reaktiven zum proaktiven Gesundsheitswesen auf allen Ebenen unterstützen
  - Den Patienten als Partner im Gesundsheitswesen begreifen (jeder hat einen Arzt in sich)
  - Stärkung der Rolle des Bürgers in der Vorsorge durch Erstattungsmodelle (Krankenkassen)
  - Wandel zu populationsbasierten Vergütungsmodellen (volume-based to quality-based Incentives)
  - Stärkung von Gesetzen, die die traditionelle Sektorentrennung überwinden (§137 ff)
  - Stärkung der betrieblichen Gesundheitsvorsorge durch Steuersparmodelle (BMF)
  - Ergänzung des Morbi RSA durch einen Gesunderhaltung-RSA (d.h. Kassen, deren Patienten sich besonders aktiv an der Vorsorge beteiligen erhalten mehr Geld)
- Digitalisierung im deutschen Gesundheitswesen nachhaltig unterstützen und incentivieren (Anreizmodelle)
  - HIMSS Level Modell als Differentiator
  - Nutzung allgemein anerkannter internationaler Standards (LOINC, UMLS)
  - Verbindliche Einführung des SNOMED CT (BMG, Ausführender DIMDI)
  - SMART/FHIRE Unterstützung der industriellen Partner
  - Eine allgemeine Datenstruktur für eine deutschlandweite Akte (bvitg, und andere Verbände)
- Ein nationales Datenschutzgesetz für das Gesundheitswesen (Politik)
- Stärkung der übergreifenden und kohortenbasierten Forschung (BMBF, aber auch EU)



### **#1** performing MSSP organization



#### **3.5 million** Unique patients in registries



### **Capability Timeline**

- Population Health Longitudinal Record Q2 2015
- Chronic Disease Management Q2 2015
- Enterprise Dara Warehouse Q2 2015
- Clinical Documentation Integrity Management – Q2 2016
- Electronic Patient-Provider Communication-2012

Next Phase(s)

- Additional Analytics
- Care management
- Enterprise Consumer Digital Engagement

### Number of Providers



6,130 users provisioned to use registries through SCIM "We trust this data. We did not trust what we were getting from Crimson, it was a black box"

# "We now have insight that the payers do not have"

- Nicole Clark Luck Chief Financial Officer, Memorial Hermann Physician Network

### 2015 Outcomes

- 50,000 Lives in Medicare ACO
- **\$89 million** in recognized savings
- **\$41 million** in shared savings earnings

#### **Data Sources**





#### Humana.

Commercial Medicare Advantage Whole Health Commercial Medicare Advantage

aetna

### HealtheIntent stats

#### DATA VARIETY

309

total data

connections

**12** connected EHR systems (Epic, AllScripts...)

#### 36 connected claims & payer vendors



#### SCALABILITY

25.6M linked disparate records; 90% via intelligence
4.9 PB of data storage
4.9 conduct of data storage

#### INTELLIGENCE





#### 63.5K+ concepts cur

concepts curated from 12M+ codes and 31+ standard terminologies; 425K proprietary codes translated

